



# CT Pre-exposure Prophylaxis (PrEP)

## Local Medical Services

HIV PREVENTION PROGRAM • DECEMBER 2014

### What is Pre-exposure Prophylaxis (PrEP)

“PrEP” stands for **Pre-Exposure Prophylaxis**. The word “prophylaxis” means to prevent or control the spread of an infection or disease. Pre-exposure prophylaxis is the use of antiretroviral (ARV) medication to prevent possible HIV infection with HIV-negative individuals who may be at higher risk of infection.

The goal of PrEP is to prevent HIV infection from taking hold once exposure to the virus has occurred - this is done by taking one pill (Truvada®) every day. As of July 16, 2012, Truvada (Gilead Sciences) is the only ARV approved by the U.S. Food and Drug Administration (FDA) for use as PrEP. [Truvada®](#) is a combination of emtricitabine and tenofovir, some of the same antiretroviral medicines used to keep the virus under control in people who are already living with HIV. PrEP is currently recommended for sexually active men who have sex with men (MSM), heterosexual men, women, and intravenous drug users (IDU). Additional information on PrEP is available on the U.S. Centers for Disease Control and Prevention (CDC) [website](#).

### Why take PrEP?

With 50,000 new HIV infections each year in the United States, and no cure or vaccine available, prevention is key. When taken every day, PrEP can provide a high level of protection against HIV, and is even more effective when it is combined with condoms and other prevention tools. In several studies of PrEP, the risk of getting HIV infection was much lower—up to 92% lower—for those who took the medicines consistently than for those who didn’t take the medicines. Read more about it at <http://www.cdc.gov/hiv/basics/prep.html>.

The list below contains known centers that provide PrEP. If any of these centers can’t provide PrEP due to insurance plan or lack of insurance, then request referrals to other local providers if they are aware of them. As awareness and acceptance of PrEP continues to grow, this resource will be updated with the additional information.

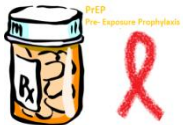
#### PrEP Resources:

- **Project Inform:**  
[www.projectinform.org](http://www.projectinform.org)
- **NASTAD Resource:**  
[Pharmaceutical Company Co-Payment Assistance \(CAP\) Programs](#)
- **Truvada:** [www.truvada.com](http://www.truvada.com)

Connecticut Department of Public Health  
410 Capitol Avenue, Hartford, CT 06134  
[www.ct.gov/dph](http://www.ct.gov/dph)

PrEP Program	Address	Telephone	Program Contact	Program Email
City of Hartford	131 Coventry Street Hartford, CT 06112	860-757-4846	Carol Steinke	Steic001@hartford.gov
Yale New Haven Hospital (YNHH)	20 York Street, cb 85 New Haven, CT 06510	203-688-3297	June Holmes	june.holmes@ynhh.org
Southwest Community Health Clinic (SCHC)	46 Albion Street Bridgeport, CT 06605	203-332-3518	Gary Spinner, PA Willy Quesada	wquesada@swchc.org
Fair Haven Community Health Center (FHCHC)	374 Grand Avenue New Haven, CT 06513	203-752-5125	Dr. Krystn Wagner	k.wagner@fhchc.org
Cornell Scott Hill Health Corp	428 Columbus Avenue New Haven, CT 06519	203-503-3550	Delores Greenlee	dgreenlee@cornellscott.org
The Waterbury Hospital	140 Grandview Avenue, Suite L-01 Waterbury, CT 06708	203-574-4187	Dr. Steve Aronin	saronin@wtbyhosp.org

Circle Care Center, World Health Clinicians, Inc	618 West Avenue, Norwalk, CT 06850	203-852-9525	Dr. A.C. Demidont	acdemidont@whcccc.org
CCMC/UCONN Pediatric, Youth + Family HIV Program	CT Children's Medical Center 282 Washington St., 2L Hartford, CT 06106	860-545-9387	Gail Karas, RN	Gkaras@connecticutchildrens.org
Rockville General Hospital	145 Union Street, Vernon Rockville, CT 06606	860-872-5158	Jonnie Garcia, LPN (client must be partners with existing patient)	ygarcia@echn.org
University of Connecticut Health Center	263 Farmington Avenue, Farmington, CT 06032	860-679-4225	Juliana Mantey, RN	mantey@uchc.edu
Community Health Services	500 Albany Avenue Hartford, CT 06120	860-808-8749	Nitza Agosto PN	Nitza.agosto@CHSHARTFORD.ORG



For more information or if you have questions about High Impact Prevention strategies, such as PrEP, please contact Marianne Buchelli, Health Program Services Supervisor at 860-509-8053 or email at [marianne.buchelli@ct.gov](mailto:marianne.buchelli@ct.gov)